



## Cleaning



- ✓ Turn off lights when not needed
- ✓ Turn off lights in rooms that aren't being cleaned
- ✓ Turn off the vacuum cleaner when not in use
- ✓ Set room temperature to 21 degrees and to 18 degrees when not in use

- ✓ No running water
- ✓ Keep track of dripping taps, leaking pipes and running toilets
- ✓ Flush only once when cleaning the toilets

- ✓ Take only as much food as you can eat
- ✓ Drink water from the tap
- ✓ Less meat and more vegetables
- ✓ Recycle food waste

- ✓ Follow instructions on cleaning products
- ✓ Dispense the cleaning products correctly
- ✓ Do not use chlorine and other toxic cleaning products
- ✓ Prioritize eco-labelled cleaning products
- ✓ Use microfiber cloths
- ✓ Recycle waste such as paper, bottles, cans etc.

